### **Intervention Axis**

✓ Former institutionalized youngsters

Rehabilitation, professional inclusion

The youngsters leave the foster

homes...

### And now?

# Plataforma PAJE Apoia Jovens (Ex)acolhidos

There is a **platform** that **supports** these **young adults** who have lost their "safety net"

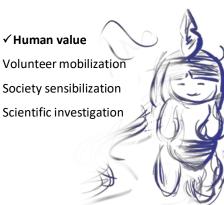
### ✓ Foster homes

Social inclusion, counseling

Particular support, monitoring

Pre-autonomous youngsters (intervention) Caregivers (sharing good practices)

Supervision (technical and educational teams)



PLATAFORMA P.A.LE.



# Apoia Jovens 🥢 (Ex)acolhidos

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The children have been victims...

The youngsters need...

PAJE is born!

### Who We Are

Plataforma PAJE – non-profit association, that has been founded in 2016 and supports youngsters who lived in foster homes, works as the safety network that does not always exist.

Following years of work and research with youngsters in foster homes, the need of support after their leaving became obvious. When leaving, many of these youngsters find themselves helpless, in a demanding reality for which they are not prepared.

PAJE's main objective is to promote a successful autonomization, positive transitions and social inclusion.

To achieve that, it is of core value that the work is personalized according to the needs and challenges of each youngster, as well as community sensibilization in order to build social consciousness and support networks.

While being a research/social intervention project, it benefits from the institutional and scientific supports of Instituto de Psicologia Cognitiva, Desenvolvimento Humano e Social da Universidade de Coimbra/FCT. We contribute with scientific production and dissemination, as well as creating psychoeducational material which can improve knowledge and practice in foster homing.

### How We Act

PAJE works with former institutionalized youngsters, who spontaneously search for our help or are referred by other people, promoting:

- Counseling and monitoring;

- In desperate situations, help with accommodation, job, food, clothing, etc.;

- Help in particular situations, such as medical appointments, taxes, identity card, nationality, etc.

Relying on a multidisciplinary team, we operate at several levels: Psychology, Education, Health, Justice, Social Service, Accounting, etc.

The work with foster homes aims to promote good practice, through awareness and education of the yougsters and their technicians and caregivers, and also by supervising the technical and educational teams.

## How To Help

#### Publicizing

(also on social networks)

#### Making suggestions and comments

(also on our virtual space)

#### Volunteering

(on our website and by phone +351 966 41112)

Becoming a member

(1€/month)

#### Being a partner

(any company/entity can cooperate)

